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# A white and blue background with a blue and white cloud AI-generated content may be incorrect.LIFE SKILLS

## FOR STUDENTS WITH A DISABILITY OR ADDITIONAL LEARNING REQUIREMENTS

Young High School offers a variety of ways to support students with a disability or additional learning needs as they complete their final years of schooling. Stage 6 Life Skills courses are one of the ways Young High School can assist students to achieve their goals in education.

This document works together with the YHS 2026 Subject Information Guide, to assist you in selecting a subject pathway for your student.

Much of the content in this document has been taken from the NESA (NSW Education Standards Authority) website.

## WHO IS ELIGIBLE?

Courses based on Life Skills outcomes and content are generally appropriate for students who:

* Are performing below their cohort.
* Experience difficulty in accessing some or all of the regular outcomes in Stage 4-6 courses even with support and appropriate adjustments to teaching, learning and assessment activities.

## WHAT IS THE PROCESS?

A student studying a Stage 6 Life Skills course will usually have completed one or more courses based on Life Skills outcomes and content in Years 7-10. In special circumstances a student who has not undertaken one or more courses based on Life Skills outcomes and content in Years 7-10 may be considered for Life Skills courses in Stage 6.

All decisions about curriculum options for students with a disability or additional learning needs are made through a collaborative curriculum planning process. At Young High School this will involve discussions with school staff, parents or carers and the student. School staff may include Support Unit teachers, Head Teacher Support, Learning and Support teachers, the Year Advisor, the Deputy Principal and the Principal.

In making decisions about the Stage 6 subject selections, parents and students will meet with school staff to discuss:

* Previous achievement in Years 7-10.
* The post-school pathway desired by student and parents.
* How accessing Life Skills may support the academic achievement of the student.
* The subjects that the student wishes to take in Year 11 and 12.
* Whether the student is required to undertake ‘All My Own Work’ and the Minimum Standards testing.

## WHAT COURSES CAN MY CHILD TAKE?

The following is the list of Life Skills courses that may be available to your child. It is important to note that not all courses may be offered each year. The courses offered will depend on the courses that Young High School runs based on student subject selections and staff availability.

Each Stage 6 Life Skills course that Young High School offers comprise a:

* 2 unit year 11 course (120 hours)
* 2 unit year 12 course (120 hours)

Young High School also offers Board Developed VET courses and Board Endorsed courses that you may wish to consider. You can find these listed in the 2026 Subject Information Guide. While these are not Life Skills courses, many students with disability successfully undertake these courses. In the guide, you will also find the TAFE Delivered Board Endorsed courses (EVET) that may also be an option for your child.

## STAGE 6 BOARD DEVELOPED LIFE SKILL COURSES

|  |  |
| --- | --- |
| **SUBJECTS** | **LIFE SKILLS COURSES** |
| English | English Life Skills |
| Mathematics | Mathematics Life Skills |
| Science | Investigating Science Life Skills Physical World Science Life Skills Earth and Space Science Life Skills Living World Science Life Skills Chemical World Science Life Skills Science Life Skills |

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|  |  |
| --- | --- |
| Technologies | Agriculture Life Skills  Design and Technology Life Skills Food Technology Life Skills Industrial Technology Life Skills  Information Processes and Technology Life Skills Technology Life Skills  Textiles and Design Life Skills |
| HSIE | Aboriginal Studies Life Skills Ancient History Life Skills Business and Economics Life Skills  Citizenship and Legal Studies Life Skills Geography Life Skills  Human Society and its Environment Life Skills Modern History Life Skills  Work and the Community Life Skills |
| Creative Arts | Creative Arts Life Skills Dance Life Skills Drama Life Skills Music Life Skills  Visual Arts Life Skills |
| PDHPE | Community and Family Studies Life Skills PDHPE Life Skills |

## WHAT EXCLUSIONS APPLY TO LIFE SKILLS COURSES?

In Stage 6, students may not study more than one 240-hour course in the same subject. For example, a student cannot study both English Studies and English Life Skills. Students studying one or more of the following Life Skills courses should not repeat content in any of these courses:

* Stage 6 Creative Arts Life Skills syllabus.
* Stage 6 Technology Life Skills syllabus.
* Stage 6 Human Society and its Environment Life Skills syllabus.

For example, if a student is studying Stage 6 Creative Arts Life Skills and Stage 6 Music Life Skills then outcomes and content from the Music course cannot be used in the Creative Arts Life Skills course.

## HOW WILL THE LIFE SKILLS COURSES BE DELIVERED?

There are a variety of ways that the Life Skills course content may be delivered at Young High School.

* Support Unit class- the content will be delivered in the Support Unit by Support Unit staff. For example, Support Unit Stage 6 Mathematics Life Skills.
* Mainstream classes- the content will be delivered in the mainstream equivalent of the Life Skills subject. For example, Stage 6 Visual Arts Life Skills in the Stage 6 Visual Arts class.
* Multi subject classes- the Life Skills content will be delivered in a mainstream class where similar content is being taught and can be adjusted to meet Life Skills outcomes. For example Food Technology Life Skills in the Stage 6 Kitchen Operations class.

## HOW WILL THESE COURSES BE ASSESSED?

Students undertaking Life Skills courses will be assessed on their achievement of the selected outcomes identified through the collaborative planning process. Students may achieve Life Skills outcomes either independently or with support. This is based on observations and evidence of achievement throughout the course.

Independent achievement may be demonstrated with adjustments and without adjustments. Examples of adjustments include:

* The positioning of a student in a classroom.
* More time to communicate.
* Use of assistive technology.
* Provision of alternative formats e.g. large print, Braille.
* Provision of a reader or writer.

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* Verbal prompts.
* Visual prompts.
* Physical assistance.
* Provision of partial responses.

There is no requirement for a formal assessment of Life Skills outcomes. Stage 6 Life Skills courses do not have external examinations.

Students need to demonstrate achievement of one or more outcomes for a Life Skills course to be credentialed for the HSC.

Please consult the 2026 Subject Information Guide for information on assessment and reporting of Board Developed VET courses and Board Endorsed courses.

## WHAT ABOUT ‘ALL MY OWN WORK’ AND MINIMUM STANDARDS TESTING?

Students that are only undertaking a Life Skills pathway will not need to take the ‘All My Own Work’ program.

Some students with disabilities studying Life Skills courses may be exempt from meeting the minimum standard to receive their HSC credential. This will depend on the final subject selections that you and your child make.

These can be discussed when meeting with school staff to determine your child’s Stage 6 subject selection pathway.

## WHAT IS THE NEXT STEP I SHOULD TAKE IN ASSISTING MY CHILD IN THEIR SUBJECT SELECTIONS?

We would love to work with you to plan for your child’s final years of school. Please contact the front office and ask to speak with the Head Teacher of Learning and Support. They will assist you to meet with the appropriate staff to work through the Year 11/12 subject selections, to develop a post-school options pathway and to answer any questions you may have about the process.

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